

JULY 2024

JRC LEARNING CENTER



SNACK

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Ritz Crackers  
Pears  
Water

2  
WGR Wheat Thins  
Crushed Pineapple  
Water

3  
Goldfish Crackers  
Peaches  
Water

4  
**HAPPY 4<sup>TH</sup>**  
**CENTER CLOSED**

5  
Cheese-Its  
Mixed Fruit  
Water

8  
Graham Crackers  
Dried Cranberries  
Water

9  
Soy Jammers  
& Grape Jelly CN  
Grape Halves  
Water

10  
Pita Bread  
Tomato Salsa  
Water

11  
WGR Corn Muffin  
Banana  
Water

12  
French Bread  
Cheese Pizza CN  
Watermelon  
Water

15  
Hulk Smoothie  
w/ Kiwi, Banana, Spinach  
2- Way Crackers  
Water

16  
Cheese-Its  
Fruit Cocktail  
Water

17  
WGR Pretzel Goldfish  
Pears  
Water

18  
WGR Blueberry Bagel  
Mixed Fruit  
Water

19  
**ALL STAFF**  
**IN-SERVICE**  
**CENTER CLOSED**

22  
Graham Crackers  
Dried Cranberries  
Water

23  
Soy Jammers  
& Grape Jelly CN  
Grape Halves  
Water

24  
Pita Bread  
Tomato Salsa  
Water

25  
WGR Corn Muffin  
Banana  
Water

26  
Trail Mix  
WGR Wheat Chex  
Multigrain Cheerios  
Mixed Fruit / Water

29  
Animal Crackers  
Pears  
Water

30  
WGR Cheese Breadsticks  
W/ Marinara  
Water

31  
WGR Goldfish Colors  
Apple Slices  
Water

This Institution is an equal Opportunity Employer

Milk – 4 to 8 oz.  
Meat/Meat Alternate – 1 to 2 oz.  
Fruits/Vegetables – 1/4 to 1/2 cup  
Soup – 4 to 8 oz. Yogurt -4 to 8 oz

ALTERNATIVE MEATS:  
Chicken or Turkey for Beef

HM = Homemade  
WGR = Whole Grain Rich  
CN- Child Nutrition Label  
PFS- Product Formulation Statement