

JULY 2024

JRC ADULT DAY CARE CENTER



SNACK

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Ritz Crackers  
Pears  
Water

2  
WGR Wheat Thins  
Pineapple  
Water

3  
Goldfish Crackers  
Peaches  
Water

4  
**HAPPY 4<sup>TH</sup>**  
**CENTER CLOSED**

5  
Cheese-Its  
Mixed Fruit  
Water

8  
Graham Crackers  
Dried Cranberries  
Water

9  
Soy Jammers  
& Grape Jelly  
Grape Halves  
Water  
CN

10  
Pita Bread  
Tomato Salsa  
Water

11  
WGR Corn Muffin  
Banana  
Water

12  
French Bread  
Cheese Pizza  
Watermelon  
Water  
CN

15  
Hulk Smoothie  
w/ Kiwi, Banana, Spinach  
2- Way Crackers  
Water

16  
Cheese-Its  
Fruit Cocktail  
Water

17  
WGR Pretzel Goldfish  
Pears  
Water

18  
WGR Blueberry Bagel  
Mixed Fruit  
Water

19  
**ALL STAFF**  
**IN-SERVICE**  
**CENTER CLOSED**

22  
Graham Crackers  
Dried Cranberries  
Water

23  
Soy Jammers  
& Grape Jelly  
Grape Halves  
Water  
CN

24  
Pita Bread  
Tomato Salsa  
Water

25  
WGR Corn Muffin  
Banana  
Water

26  
Trail Mix  
WGR Wheat Chex  
Multigrain Cheerios  
Mixed Fruit / Water

29  
Animal Crackers  
Pears  
Water

30  
WGR Cheese Breadsticks  
W/ Marinara  
Water

31  
WGR Goldfish Colors  
Apple Slices  
Water

Milk – 8oz.

Meat/Meat Alternate – 2 oz.

Fruits/Vegetables – ½ cup

Soup – 8 oz. Yogurt -8 oz

HM = Homemade

WGR = Whole Grain Rich

CN- Child Nutrition Label

PFS- Product Formulation Statement

This Institution is an equal Opportunity Employer