



SEPTEMBER 2024

JRC ADULT DAY CARE CENTER



Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY LABOR DAY CENTER CLOSED	WG English Muffins W/ Jelly Mixed Fruit Milk	WG Waffle Wednesday W/ Blueberry Syrup Milk	WG Biscuit W/ Jelly Strawberries Milk	WG French Toast Friday W/ Syrup Turkey Sausage Links Milk
WG Toasted Oat Cereal WGR Toast w/ Jelly Bananas Milk	WGR Pancakes W/Syrup Turkey Sausage Patties Milk	WG Waffle Wednesday W/ Syrup W/ Strawberries Milk	Confetti Egg Taco WG Tortilla Bell Peppers & Cheese Milk	WG French Toast Friday W/ Syrup Pears Milk
Rice Krispie Cereal WGR Toast w/ Jelly Banana Milk	WG English Muffin Sandwich W/ Turkey & Cheese Milk	WG Waffle Wednesday W/ Blueberry Syrup Milk	WG Biscuit W/ Jelly Strawberries Milk	WG French Toast Friday W/ Syrup Turkey Sausage Links Milk
Multi-Grain Cereal WGR Toast w/ Jelly Banana Milk	WGR Pancakes W/Syrup Turkey Sausage Patties Milk	WG Waffle Wednesday W Syrup W/ Strawberries Milk	Shredded Potato Egg & Cheese Casserole Milk	WG French Toast Friday W/ Syrup Mixed Fruit Milk
Turkey & Cheese Wrap WG Tortilla Mixed Fruit Milk				

Milk – 8oz.
Meat/Meat Alternate – 2 oz.
Fruits/Vegetables – ½ cup
Soup – 8 oz. Yogurt -8 oz.

This Institution is an equal Opportunity Employer

HM = Homemade
 WGR = Whole Grain Rich
 WG = Whole Grain