

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rice Krispie Cereal Mandarin Oranges Milk	2 WG Pancakes W/ Syrup Sausage Patty CN Applesauce / Milk	3 WG Bagel Thin W/ Cheese Hash Brown Milk	4 HAPPY 4TH CENTER CLOSED	5 Breakfast Nuggets PFS Cinnamon Apple Slices Milk
8 English Muffin W/ Turkey & Cheese PFS Banana Milk	9 Strawberry Yogurt Parfait Cheerio Topping WGR Toast w/ Jelly Milk	10 Rice Chex Cereal WGR Croissant w/Jelly Fresh Blueberries Milk	11 Turkey & Chesse Melt PFS WGR Tortilla Crushed Pineapple Milk	12 WGR French Toast W/Syrup Turkey Sausage Link CN Applesauce / Milk
15 Rice Krispie Cereal Mandarin Oranges Milk	16 WG Pancakes W/ Syrup Sausage Patty CN Applesauce / Milk	17 WG Bagel Thin W/ Cheese Hash Browns Milk	18 WGR Waffles W/ Syrup Chicken Strip CN Applesauce / Milk	19 ALL STAFF IN-SERVICE CENTER CLOSED
22 English Muffin W/ Turkey & Cheese PFS Banana Milk	23 Strawberry Yogurt Parfait WG Cheerio Topping WGR Toast w/ Jelly Milk	24 Rice Chex Cereal WGR Croissant w/Jelly Fresh Blueberries Milk	25 Sliced Turkey & Cheese Melt PFS WGR Tortilla Crushed Pineapple / Milk	26 HM WW Mini Pancakes W/Syrup Turkey Sausage Link CN Mandarin Oranges / Milk
29 Multigrain Cereal Peaches Milk	30 WGR Waffles HM Blueberry Syrup Yogurt Cup Milk	31 English Muffin Cheese Pizza Turkey Bacon PFS Milk	<p>Alternative Lunch Menu Includes: WG Cheese Sandwich or WG Cold Cut Sandwich, W/ Carrot Sticks or Fruit</p>	

This Institution is an equal Opportunity Employer

Milk – 4 to 8 oz.
Meat/Meat Alternate – 1 to 2 oz.
Fruits/Vegetables – 1/4 to 1/2 cup
Soup – 4 to 8 oz. Yogurt -4 to 8 oz

ALTERNATIVE MEATS:
 Chicken or Turkey for Beef

HM = Homemade
 WGR = Whole Grain Rich
 CN- Child Nutrition Label
 PFS- Product Formulation Statement